



THE  
LUTHERAN CHURCH  
MISSOURI SYNOD

# St Matthews Service

Rev. Christopher LaBoube

*March 21, 2021*

"Trust in the Lord with all our heart, and lean not on our own understanding. In all you ways, acknowledge him and he will direct your path." **(Proverbs 3:5-6)**

**A**CTIVE

**C**HRISTIANS

**T**OGETHER

**I**N

**O**UTREACH

&

**N**URTURE



## **St. Matthew Lutheran Church**

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Fifth Sunday in Lent  
21 March 2021

St. Matthew Lutheran Church, Mapleton, IA  
Matthew 6:16-18 / Acts 13:1-3

Sermon Title: Fasting  
Sermon Text: Matthew 6:16-18

*“Grace, mercy and peace from God the Father, and our LORD Jesus Christ.” (2 Tim. 1:2) Amen.*

We are now in the fifth week of this Lenten Season. Next Sunday is Palm Sunday and Holy Week. We are still looking at different passages that focus on people submitting themselves to God in prayer. One key word that has come up a couple of times throughout this Lenten season is humility—humbling yourself before God—acknowledging that God knows best for your life.

As part of submitting yourself to God in prayer, today I want us to talk about fasting. Fasting might not be something people does these days, but throughout the Bible, people generally fasted in conjunction with a spiritual component.

Often people in the Bible fasted, because they wanted to know something. We read about recently when the eleven disciples fasted and prayed, because they wanted to know which man should take the place of Judas, who eventually died.

Queen Esther told her older cousin, Mordecai to fast and pray with the Jews in town and she would fast and pray with her ladies in the king’s palace to know what she should do about an edict that stated that all Jews were to be killed.

When you fast and submit yourself to God in prayer, then you are preparing your heart and mind to hear from God. Jesus gives us a great example about fasting in Matthew’s Gospel. <sup>16</sup> *“And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. (Isaiah 58:4-6) Truly, I say to you, they have received their reward. <sup>17</sup> But when you fast, anoint your head and wash your face (Ruth 3:3; 2 Sam. 12:20), <sup>18</sup> that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.”* (Matthew 6:16-18)

The first thing that stands out in this text is the word “WHEN.” Twice Jesus says, *“When you fast.”* He doesn’t say, IF you fast. Jesus says, *“When you fast”* as though this practice should be a regular part of the life of a Christian. So, do you ever fast simply to spend more time submitting to God in prayer?

Jesus then goes on to explain that there are two ways people fast. *“And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. (Isaiah 58:4-6) Truly, I say to you, they have received their reward.”*

One way that people fast is that they make sure that they LOOK like they are fasting. In those days, when some people fasted, they didn’t clean themselves up—they didn’t comb their hair—they

looked like a mess, and this was one way that everyone, who saw them knew that they were likely fasting. Jesus says these folks are hypocrites. They make themselves look bad so that other people will see that they are fasting. These folks are basically mocking the biblical idea of fasting.

*<sup>17</sup> But when you fast, anoint your head and wash your face (Ruth 3:3; 2 Sam. 12:20), <sup>18</sup> that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.*” (Matthew 6:17-18)

The second way that Jesus talks about fasting is when you keep your fasting to yourself. You don't make yourself look sickly—or with your hair uncombed—or any bad way. Instead, Jesus says that you should clean yourself up, and go about your business that day—even while you are fasting.

*<sup>17</sup> But when you fast, anoint your head and wash your face (Ruth 3:3; 2 Sam. 12:20), <sup>18</sup> that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.*” (Matthew 6:17-18)

Fasting isn't as difficult as we might think it is. Jesus tells us that we fast to restrain from eating food for a meal or two or a whole day, and in the time when you would be eating a meal, Jesus encourages you to pray or spend more time reading and meditating on a Bible verse.

This Lenten season, I have been fasting on Fridays. My fast means I skip lunch and I spend that time reading and praying about a short Bible verse. That's it. When I fast, I remember the verse: *“man does not live by bread alone, but man lives by every word that comes from the mouth of the LORD.”* (Deuteronomy 8:3) This verse reminds me that even though I need food and water to keep living, even more important on a regular basis is feeding on God's Word.

So when I am fasting, and I am struggling, because I'm really hungry, I remind myself of that verse and thank God for His Word—and then I think of other things to thank God for. When you're fasting it's so easy to get stuck on not eating food and being hungry. Instead, Jesus wants you to focus on him and not be distracted by your tummy rumbling.

Let's look at another situation in which the church leaders fasted and prayed about church decisions. *“Now there were in the church at Antioch prophets and teachers, Barnabas, Simeon who was called Niger, Lucius of Cyrene, Manaen a lifelong friend of Herod the tetrarch, and Saul.*

*<sup>2</sup> While they were worshipping the Lord and fasting, the Holy Spirit said, ‘Set apart for me Barnabas and Saul for the work to which I have called them.’ (Romans 1:1; Gal. 1:15) <sup>3</sup> Then after fasting and praying they laid their hands on them and sent them off.”* (Acts 13:1-3)

Here is a situation in which the church prayed about who should be leaders in the congregation. They set apart four men, who the congregation thought would be good potential leaders. Then, the text tells us that they were fasting and while they were fasting—instead of eating—they were worshipping God to discern his will for their congregation.

The text says that they fasted and prayed and God led them to set apart two of these four men to help lead and guide that congregation. Then, after they discerned God's will for that congregation—which men should be the next leaders—they prayed for the two men, who God wanted set apart for leadership in that church.

Fasting might not be something you like doing. Fasting means that you'll be hungry and most of us don't like being hungry. But fasting is a discipline that you can develop in yourself. Fasting is simply abstaining from food and using the time that you would be eating to pray and praise God for all that he has done in your life.

*“<sup>17</sup> But when you fast, anoint your head and wash your face (Ruth 3:3; 2 Sam. 12:20), <sup>18</sup> that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.” (Matthew 6:17-18)*

When you fast, God wants you to clean yourself up and go about your daily work without making a big deal about your fasting. The first group of people, who Jesus mentions, were boasting about the fact that they were fasting. They wanted other people to think that they were extra holy or something. Jesus says:

*<sup>16</sup> “And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. (Isaiah 58:4-6) Truly, I say to you, they have received their reward.” (Matthew 6:16)*

In other words, the folks in this first group were making a spectacle of the fact that they were fasting. They wanted praise from other people and were not interested in what God has to say about their actions. Jesus says that the immediate praise response that they received is their reward for their fasting. That immediate, temporary praise sounds so superficial.

The other way to fast has to do with whether the people’s motives were God-focused. This is why Jesus says that when you fast you should clean yourself up and go about your daily work and not boast or brag about the fact that you’re fasting. You shouldn’t make a big deal about the fact that you were fasting.

A simple way to fast would be eat breakfast, skip lunch and any snacks throughout the day and then have lunch. You can also skip more than one meal, if you’re able. Different scenarios in the Bible people would fast for more than one day. And as we have seen in Scripture, people fasted for a whole day or for more than a day to seek God’s guidance and direction.

While the people fasted, they went about their daily work. They might have only drunk water throughout the day. Of course, if you’re not able to fast for medical reasons, then maybe you can find another way to limit your intake of something. Maybe you skip that morning cup of coffee, for example, if you aren’t able to skip a meal.

The whole point of fasting is to deny yourself for a short time of food and/or drink. This is why Jesus gives the example that the point of a fast has to do with the condition of your heart. If your heart desires to deny yourself something and to spend more time praying and seeking God for some direction or guidance, then you’re on the right path.

Of course, as Jesus points out, you can also fast and make a spectacle of yourself—almost boast and bragging about how you are fasting. Sure, some folks may give you praise, but fasting with this attitude gets you nowhere. Plus, this sort of temporary praise is a far cry from receiving an eternal prize from God himself.

When you fast, you do get hungry. That’s a fact. When you think about fasting, food will temporarily satisfy you. Food is only a temporary fix. Eventually, you’ll get hungry again, and you’ll want to eat more food again.

Food is a temporary fix, but in Deuteronomy God tells us: *“man does not live by bread alone, but man lives by every word that comes from the mouth of the LORD.” (Deuteronomy 8:3)* Fasting denies yourself food for a short time period.

Denying yourself of food for a short time can be a good thing for you. Denying yourself of God’s Word, though, will hurt you even more than you realize. When you eat a lot of fruits and

for God to help you to know him better. Pray and ask God to create a hunger and thirst for his Word in you. Then, after you've fasted from one meal, try a little longer fast next time.

If you're not able to fast for medical reasons, maybe you could fast by not having your cup of coffee or tea in the morning or fast from deserts or any other food or drink that you enjoy eating or drinking every day. The whole point of fasting is to simply turn your heart to God and draw all your strength from Him alone—and not from delicious food and drink.

As you learn to fast, keep in mind that WHY you are fasting—what's the purpose and do you have a God-focused attitude as you fast? God desires to teach you more each day about himself through his Word. Listen to God. He's waiting for you.

Now, may the peace of God which transcends all understanding guard and keep your hearts in Christ Jesus. Amen.

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## ANNOUNCEMENTS

**Hot Beef Lunch** TODAY from 11 am to 1 pm. Curbside service in front of the Beef & Brew, Sponsored by St. Matthew Lutheran Church. Phone orders need to be in by the 15th of March. Selling tickets at the back of the church and around town. This goes to support your church!

**Wednesday Lenten Services** We would like to invite all of you to join us at 7 p.m. This is the last Wednesday Lenten Service before Easter.

**"A Lenten Hymns and Prayer Service"** We would like to invite you to join us at 4 p.m. another opportunity to fill up with Jesus. This is the last Thursday service before East.

A young girl, Sara Legus and her dog would like to ask if there is a place that she could live temporarily. Her father was a LCMS pastor in Hubbard, IA. She came to Onawa to work with the DNR, of the Loos Hills and her rental house fell through so she has no where to live. Her contact is 641-373-0937.

Kay Johnson wanted everyone to know that Loretta Petersen has died at the age of 100 on 03-17-2021 (former member) cards may be sent to: Barb Swanson 1206 Autumn Purple Dr. Loveland CO. 80538 and also Dave Petersen 3115 S. Mount Air Dr. Salt Lake City, 84106.

# “SUBMITTING TO GOD IN PRAYER”

## Lent 2021

Ash Wednesday, February 17—  
Palm Sunday, March 28, 2021



One challenge that a lot of people struggle with these days is being humble. Sometimes we think the word “humble” means to be treated like a doormat. That is far from the definition. That’s a false definition.

Instead, being humble is all about letting other people go first—acknowledging that the ideas of other people might be better than your own. Being humble is also about letting other people praise you for something you have done, instead of you boasting and bragging about your actions.

In the adult Bible class, Christina continues leading some great discussions from the Book of James. In this book, James offers a lot of encouragement to submitting to God in prayer—acknowledging that God’s ways are truly the best ways.

As we near the end of this Lenten Season, I want to challenge you to continue to think about how you can regularly submit yourself to God in prayer—even beyond Holy Week and Easter.

When you submit yourself to God in prayer, then you are humbling yourself before God. When you submit yourself to God in prayer, you are acknowledging that God knows best for your life and you trust God with everything you have.

I would like to encourage you to attend as many worship services as possible to learn more about how many different people submitted themselves to God in prayer. After all, God wants to hear from you.

### WORSHIP SERVICE OPPORTUNITIES:

Wednesday, March 24 @ 7 p.m.

Thursday, March, 25 @ 4 p.m.

Palm Sunday, March 28 @ 9:30 a.m.

Maundy Thursday, April 1 @ 7 p.m.

Good Friday, April 2 @ 7 p.m.

Easter Sunday, April 4 @ 7 a.m.

*“Humble yourselves before the Lord,  
and he will exalt you.” James 4:10*



# The Forty-Day Lenten Bible Reading Plan

Feb. 17 — March 27, 2021



Forty-Day Lenten Bible Reading Plan Feb. 17--March 27, 2021	
DAY	TOPIC
1	Genesis 1-2
2	Genesis 3
3	Gen. 15; 17:15-27
4	Gen. 21:1-7, 22
5	Exodus 3-4
6	Exodus 20
7	Joshua 1
8	1 Samuel 16-17
9	1 Kings 3; 8:1-9:9
10	1 Kings 18
11	2 Kings 25
12	Daniel 2-3
13	Ezra 3
14	Isaiah 9, 53 & 61
15	Luke 1-2
16	John 1:1-18
17	Matthew 4:14-44
18	Matthew 5-6
19	John 3
20	John 5
21	John 11
22	John 15
23	John 17
24	Matthew 26-27
25	John 20

One way to prepare for Holy Week and finally Easter / Resurrection Sunday is to fast from one meal or for a whole day. You can then spend that time of fasting by praying and reading your Bible.



Forty-Day Lenten Bible Reading Plan Feb. 17--March 27, 2021	
DAY	TOPIC
26	Luke 24
27	Acts 2
28	Acts 9
29	Acts 16
30	Acts 26
31	Romans 3
32	Romans 7-8
33	1 Corinthians 13
34	1 Corinthians 15
35	Galatians 5
36	Ephesians 6
37	Phil. 1:18-2:18
38	Col. 3:1-17
39	James 1
40	Rev. 21-22

Lent is a season in the church year in which we take 40 days to prepare for the life, suffering, death AND resurrection of our Lord and Savior Jesus Christ.



## THE APOSTLES' CREED—THE SECOND ARTICLE

**I believe in Jesus Christ, ... who ... suffered under Pontius Pilate, was crucified, died and was buried.**

*What does this mean?* [He] has redeemed me, a lost and condemned person, purchased and won me from all sins, from death and from the power of the devil; not with gold or silver, but with His holy, precious blood and with His innocent suffering and death.

**For you know that it was not with perishable things such as silver or gold that you were redeemed from the empty way of life handed down to you from your forefathers, but with the precious blood of Christ, a lamb without blemish or defect. (1 Peter 1:18–19)**

## FOR SHARING

1. A "lost and condemned" person has little hope in life. What situations in our world today seem to have no hope? In what ways do people today live "condemned"?
2. Describe the shame of crucifixion.
3. *To redeem* means "to buy back." By His death Jesus bought us back from slavery. How were we enslaved? How do St. Peter's words "the empty way of life" apply to human life without Christ?
4. Jesus' sacrifice was *priceless*. What does His death reveal about God's love for the world? for you?
5. Instead of an "empty life," we have "full life" in Christ (John 10:10). Share, if possible, a blessing from God that has brought you joy and contentment.

## PRAYER

Lord Jesus, my Savior and Friend, I thank You for walking the way of the cross for me, You are my treasure in life. Give me Your strength, that I may rest assured in Your salvation. Give me new hope every day that I may share Your love with others. In Your name I pray. Amen.

## PARAMENTS ON OUR ALTAR:

**Color is everywhere.** Color is God's way of filling his world with beauty and giving pleasure to those who live in this colorful world. Christians, for centuries, have used color in divine worship to emphasize the redemptive action of God through his Son. Color's Purpose However, color and its bright message can easily be taken for granted or mistaken in its purpose. The paraments, vestments, altar clothes, banners, traditionally employed each Sunday, must be seen as more than an attempt to decorate, or give accent to the chancel. That is, no doubt, the view of some. It's true; interior design and decoration are important. But a greater service is demanded of our liturgical colors than merely making the surroundings "pretty." Furthermore, when altar paraments are used year after year without much attention given to their message, as well as their care, the pastor, along with his faithful altar guild would do well to throw away the key to the sacristy and refrain from using those altar cloth "decorations." Frequent instruction about the church year and its corresponding colors must go hand in hand with its weekly use

**Color, like music,** plays an important role in the life of God's worshipping people. Just as music is the "handmaiden to theology," liturgical color complements the message of the seasons and occasions during the church year. Taking a familiar seat in the nave of his/her chapel preceding worship on any given Sunday, the worshiper's emotions and intellect are immediately engaged by color. Liturgical colors aid in establishing a climate in which Law and Gospel may be heard and received. Color allows us to see the Light of Life, Jesus Christ. It serves to communicate the message of salvation. And communicate it does when it reinforces a specific "colorful" chapter in the life of our Lord and his church, retold annually by the church calendar.

**Symbolism of Colors** It is appropriate, from time to time, to take a thoughtful and fresh look at the colors that are displayed throughout the church year. In the end, we admit, the use of paraments, vestments, altar clothes, banners is an adiaphoron. Even the symbolism behind the traditional colors is somewhat arbitrary and open to additional interpretations as generations pass. The primary source and guarantor of their meanings is tradition. However, the important thing to remember is why we retain this traditional liturgical standard. The value of the "Bg-BgsPwr" color scheme rests in their purpose: to serve God's worshipping community by assisting in communicating the holy faith from generation to generation. In every age, the beauty and symbolism of color in the church continues to

### **Purple**

Purple, like black, is a penitential color, in contrast to a festive one. It is appropriately used during Lent and, still in many parishes, during the season of Advent. The forty days of Lent, including the six Sundays that fall during this season, use this deep, rich color which has come to represent somberness and solemnity, penitence, and prayer.

Violet or purple was a very cherished and expensive color in the world Jesus lived. The dye used to make the color was painstakingly acquired by massaging the neck of a Mediterranean shell fish that secreted a special fluid. It was therefore afforded only by the rich and worn most exclusively by the royalty.

Jesus, the king of the Jews, wore a purple robe only once. As the soldiers mocked and tormented him, the Scriptures record they placed on him a "purple garment" in order to ridicule him and belittle the claim that he was a monarch.

Therefore, purple is used during this penitential season of Lent as a vivid reminder of the contempt and scorn he endured, and the subsequent sacrifice he made for our eternal salvation. Ecclesiastical purple should remind all Christians of their daily need to humbly give attention to leading a life of repentance.

Douglas K. Escue—pastor of Immanuel Lutheran Church in Santa Fe, New Mexico. Originally published in *Lutheran Worship Notes*, Issue 29, 1994.

## BAPTISMAL BIRTHDAY

Name	Baptism
Brodersen Montana	Mar 21, 2004
Brodersen Brayden	Mar 24, 2018
Dose Carol	Mar 20, 1948
Fick Joan	Mar 27, 1945
Jahn Dennis	Mar 9, 1947
Lyon Barbara	Mar 29, 1952
Ohlmeier Mindi	Mar 24, 1985
Paulsen Drake	Mar 14, 2015
Pithan Derek	Mar 17, 2013
Schmidt Troy	Mar 1, 2009
Witzel Lavone	Mar 13, 1959



We are listing  
Baptismal birthdays  
to remember and celebrate  
the day we were  
adopted into the family of  
God through the washing  
of the  
Holy Spirit.



## WEDDING ANNIVERSARY God's Blessings

Jim and Frances Brodersen	Mar 12, 1964	57
Alan and Kris Dale	Mar 21, 1997	24
Lester and Donna Goslar	Mar 21, 1970	51
Bryan and Betsy Scheer	Mar 8, 2014	7

	Week of Schedule <b>03-22 to 03-28</b>
Mon (22)	Pastor's Family Day
Wed (24)	Confirmation Class 6 pm to 7 pm Helping Hands, at 1:00 to 4 pm Lenten Service 7 pm
Thur (25)	Lenten Hymn & Prayer Service at 4 pm
Sun (28)	Palm Sunday of the Passion Church Services 9:30 am Bible Class 10:45 am Sunday School 10:45 am

## BIRTHDAYS

Name	Birthday
Bridgeman Kirk	Mar 07, 1980
Hamann Kerensa	Mar 10, 2014
Laboube Rose	Mar 30, 2020
Lafrentz Rita	Mar 17, 1945
Meseck Amy	Mar 28, 1973
Muckey Dennis	Mar 31, 1950
Scott Lin	Mar 27, 1946

## God's Blessings 80 +yr. Birthdays

Boysen Delores	Mar. 5, 1939	82
Fick Joan	Mar. 27. 1935	86

**Faith Step:** In prayer, spend some time thinking about the difference between your "being" in Christ and your "doing" in Christ. Ask Jesus to show you how to rest in His love. in His love.

NEEDED /WEEK	\$3,225.02
Sunday Giving 03-14-21	\$890.00
Sunday attendance 03-14-21	38
Children in Church 03-14-21	4
Visitors 03-14-21	1
Bible Class 03-14-21	14
Sunday School 03-14-21	4
Wednesday Giving 03-17-21	\$485.00
Wednesday attendance	11
Thursday Giving 03-18-21	No report
Thursday attendance	7
Sunday Giving 03-07-21	\$3,045.00
Wednesday Giving 03-10-21	\$85.00
Thursday Giving 03-11-21	\$890.00

<u>Give the office a call or the Pastor...</u>	Need a ride to a Dr's appt	Need of a visit
Before going to hospital	Address or name changes	Birth of your baby
Private communion	Entering armed services	Making wedding plans
Desire to serve your Lord through the Church	Death in the family	

Please continue to pray for our church leaders.  
"Be joyful in hope, patient in affliction, faithful in prayer." **Romans 12:12**

**Pray without ceasing (1 Thessalonians 5:17)**



**PRAYER WARRIORS**— The prayer warriors desire to hear from you as to how they can pray for you. We have 14 prayer warriors. We welcome more men and women to join us. if you need prayer call **Alice Miller** phone number 712-880-2380.

**Members of St. Matthew with Special Needs and Concerns**

Nazaria Kaderabek	Carol Dose	Selma Schrader	Alan Bruhn
Lavonne Witzel	Mark Witzel	Myrna Gosch	

**Family / Friends of Members with Special Needs and Concerns**

**Sheri Heilman**— Sue Oberg's sister; **Ron Kraffle** friend of Marla & Joe Hogan; **Lynn Smith** friend of Marla and Joe Hogan; **Jazmin Mauch**, granddaughter of Marla and Joe Hogan; **Penny Mauch** friend of Marilyn & Duane Hamann; **Tammy Jean Bramley**, mother of Sam Kelm

**THOSE SERVING IN THE MILITARY**

**Triston Twedt** (great-grandson of Alice and the late Keith Miller) serving with the Army @ Ft. Lewis, WA  
**Ryan Trucke** (son of Beth & Ed Trucke, Grandson of Kay and Richard Johnson) serving with U.S. Air Force @ FE Warren AFB in Wyoming.

**Jackie Cardwell** (niece of Jeff & Karen Krusen) serving U.S. Airforce @ Shepard Air Force Base, Burkburnett TX

*Please drop them a line or two, they love getting mail and they would love hearing from their church family.*

**Bonnie Banks** 86 yrs. Jun 2, 1934

Main Street Apartments  
516 Main Street Apt 2  
Mapleton, IA 51034

**George Koithan** 88 yrs. Sept. 2, 1932

1726 Marcella Heights  
Carroll, IA 51040

**\*\*Delores Boysen** 81 yrs. Mar. 5, 1939

3903 S.W. Hollowbrook St.  
Bentonville, AR 72712

**Delbert Kroll** 87 yrs. Jun. 1, 1933  
Ring Street  
Mapleton IA 51034

\*\* indicates a new address

**Phyllis Fick** 92 yrs. Jun 3, 1928  
Willow Dale Care—Assisted Living  
404 1st St.  
Battle Creek, IA 51006

**Carol Dose** 86 yrs. Jan. 22, 1934  
Sunrise Ave.  
Maple Heights Nursing Home

**Myrna Gosch** 79 yrs. Jan 9, 1941  
Pleasant View Care Center  
200 Shannon Dr. Rm #108  
Whiting, IA 51063

**Those on our prayer list:**

Nazaria Kaderabek  
310 S. 6th St.  
Mapleton, IA 51034

Selma Schrader  
21 Ohm Drive  
Mapleton, IA 51034

Sheri Heilman  
(Sue Oberg's sister)  
1721 Lincoln Street  
Great Bend, KS 67530

Tammy Bramley  
42715 210th St.  
Ute, IA 51060

Lavonne Witzel  
36252 Co. Hwy E 34  
Castana, IA 51010

Alan Bruhn  
14535 Walnut Ave  
Mapleton, IA 51034

Mark Witzel  
100 N. Hwy 183  
Pisgah, IA. 51564

***Spread the Fruits of the Spirit:***

*Love, Joy, Peace, Patience, Gentle-  
ness, Kindness, Self-Control, Good-  
ness, and Faithfulness.  
You will be rewarded*





**St Matthew Lutheran Church**  
**504 Walnut Street**  
**Mapleton, IA 51034**

**LET'S STAY CONNECTED** OPPORTUNITIES FOR YOU TO CONTINUE TO FILL UP WITH JESUS BY READING AND LISTENING TO THE BIBLE: St. Matthew Lutheran Church Service at 9:30 am every Sunday at the church. Facebook page-.St. Matthew Lutheran-Mapleton—Our services at 9:30 am every Sunday website: www.stmatthewmapleton.org—Our services posted weekly **Mission Central**... www.missioncentral.us **Lutheran Family Service**: www.lfsiowa.org **WEB SITES**: Iowa District West—www.idwlcms.org Camp Okoboji – www.campokoboji.org “**THY STRONG WORD**” is a daily devotion airing at 6:25 am Monday through Saturday on KDSN (104.9 FM) “**THE LUTHERAN HOUR**” can be heard every Sunday on radio station—KDSN -FM (104.9) at 6:30 am and 1530 at 10:30 am. It is available 24 hours a day on the internet in Real Audio. Visit www.lhm.org and click on the Lutheran Hour on the left side of the page “**THE GOOD SHEPHEARD HOUR**” airs on the following stations every Sunday: 8 am Fort Dodge-KVFD 1400 AM; 8 am Sioux City—KSCJ 1360 AM; 10:30 am Storm Lake—KAYL 101.5 FM **Lutheran Family Services**: www.lofsiowa.org **MainStreet Living**— is a Television Program that is endorsed by the Iowa West District of the LCMS This program is broadcast on KCAU, the ABC network affiliate in Sioux City on Sunday morning, starting at 10:00 AM. The first 30 minutes are remastered episode of “This is the Life” The second half of the program is a modified Lutheran worship service that features a different Pastor each week, from the area.



Dear God, thank You for the resurrection of Your Son, Jesus. We want to celebrate Him every day of our lives. In a world that grows increasingly dark, help us hold up His light. We ask this in Your Name Amen